

## Student/Staff Tests Positive

### **Isolate (person who tested positive):**

\*Positive person needs to isolate at home for 10 days from when symptoms start. Day 1 of symptom is day 0, They are released on day 11.

### **Quarantine (household members):**

\*Vaccinated and unvaccinated both apply to the household quarantine.

\*If the positive person can isolate and not share any living areas, (ie: bathroom, bedroom) then the other household members may begin their quarantine immediately

\*If the positive person cannot isolate away from others as described above, the other members at home will need to begin quarantine the day the positive case is cleared from their 10 day isolation.

### **Can household contacts in quarantine be released early?**

\*If household members DO NOT develop any symptoms, they are able to arrange a test on day 6 of their quarantine, if negative, they can be released on day 8. If positive but no symptoms, they will isolate for 10 days from the day of their test.

\*If household member develops symptoms (1 or more symptoms of COVID), they will need to get tested.

-if positive, they begin a 10 day isolation from when symptoms begin.

-if negative, they need to continue a 14 day quarantine. They are not able to be released from the quarantine earlier than the full 14 days.

### **Close contact with someone who tested positive (not household contacts)**

Student or staff are a close contact-no quarantine needed unless they develop symptoms.

\*If symptom develops anytime within the 14 days from last contact, (only 1 symptom is needed), immediately quarantine and get a test.

-If test is **positive**= isolate for 10 days from when symptom started

-If test result is **negative**= quarantine for the remainder of the 14 days since last exposure.

\*If no symptoms but chooses to get tested on day 5-7, they may do so and not need to quarantine while waiting for test results (this is the current recommendation by CDC and DHS)

**Please remember to check your symptoms with the chart below. Whether you are vaccinated or not, you need to stay home if you have these symptoms.**

|  |    |   |
|--|----|---|
| At least <b>two</b> of the following symptoms= <b>stay home</b><br><input type="checkbox"/> Fever over 100°F<br><input type="checkbox"/> Chills<br><input type="checkbox"/> Muscle aches<br><input type="checkbox"/> Headache<br><input type="checkbox"/> Sore Throat<br><input type="checkbox"/> Nausea or Vomiting<br><input type="checkbox"/> Diarrhea<br><input type="checkbox"/> Unusual Fatigue<br><input type="checkbox"/> Congestion or runny nose | or | At least one of the following symptoms= <b>stay home</b><br><input type="checkbox"/> Cough<br><input type="checkbox"/> Shortness of breath<br><input type="checkbox"/> Difficulty breathing<br><input type="checkbox"/> Loss of taste<br><input type="checkbox"/> Loss of smell |
|--|----|---|