

# **ELC Lunch January 2019**

31

# **NO SCHOOL**



2

#### **Chicken Pot Pie**

Grilled Cheese Sandwich Fruit & Cheese Salad w/ Muffin PBJ

Steamed Cauliflower, Tomato Wedges, Apple, Pears, Strawberries

3

# Mini Corn Dogs

Hamburger Fruit & Cheese Salad w/ Muffin PBJ

Green Beans, Celery Sticks, Potato Salad, Oranges, Applesauce, Blueberries 4

# Pepperoni Pizza

Spicy Chicken Patty
Fruit & Cheese Salad w/ Muffin

PBJ
Baked Beans, Baby Carrots,
Cucumber & Tomato Salad,
Apricots, Fruit Salad, Whole Fruit

7

## Oven Roasted Chicken Drumstick / Roll

Chicken Patty
Egg Chef Salad / Roll
PBJ
Mashed Potatoes, Fresh Brock

PBJ Mashed Potatoes, Fresh Broccoli, Cucumber & Tomato Salad, Mixed Fruit, Apple, Cantaloupe 8

# Pasta & Meat Sauce / Breadstick

Cheeseburger
Egg Chef Salad / Roll
PBJ
Green Beans, Red Pepper Strips,
Coleslaw, Peaches, Oranges

9

## Chicken Alfredo / Breadstick

Egg Chef Salad / Roll
PBJ
Steamed Carrots, Cucumber
Slices, Potato Salad, Banana,
Pears. Cinnamon Apples

Chicken Nuggets / Breadstick

10

## Turkey Haystack / Bread

Hamburger
Egg Chef Salad / Roll
PBJ
Baked Beans, Celery Sticks,
Cantaloupe, Blueberries,
Applesauce

11

# **NO SCHOOL**

14

# Meatloaf & Gravy / Breadstick

Chicken Patty
Chicken Chef Salad / Roll
PBJ
Peas, Grape Tomatoes, Mixed
Fruit, Watermelon, Apple

15

# Popcorn Chicken Bowl / Bread

Hamburger Chicken Chef Salad / Roll PBJ Green Beans, Cauliflower, Cucumber Slices, Peaches, Oranges 16

## **Mini Corn Dogs**

Chicken Chef Salad / Roll PBJ Cinnamon Sweet Potatoes, Celery Sticks, Pears, Banana, Strawberries

Chicken Nuggets / Breadstick

17

# Sloppy Joe

Hot Dog Chicken Chef Salad / Roll PBJ Campfire Beans, Baby Carrots, Oranges, Applesauce, Honeydew 18

# Cheese Pizza

Fish Melt
Chicken Chef Salad / Roll
PBJ
Corn, Fresh Broccoli, Red Pepper
Strips, Fruit Salad, Mandarin
Oranges, Whole Fruit

21

## Pizza Dippers

Chicken Patty
Yogurt Apple Salad / Roll
PBJ
Potato Wedges, Tomato Slices,
Grapes, Mixed Fruit, Cantaloupe

22

#### Soft Tacos

Yogurt Apple Salad / Roll PBJ Green Beans, Red Pepper Strips, Potato Salad, Banana, Peaches, Kiwi

Grilled Cheese Sandwich

23

# Spaghetti & Meat Sauce / Breadstick

Chicken Nuggets / Breadstick Yogurt Apple Salad / Roll PBJ

Cinnamon Sweet Potatoes, Cucumber Slices, Apple, Pears, Honeydew

24

#### Crispito

Hot Dog

Yogurt Apple Salad / Roll PBJ Baked Beans, Celery Sticks, Cucumber & Tomato Salad, Oranges, Applesauce, Cinnamon Apples 25

#### Cheese Pizza

BBQ Pork Riblet Sandwich Yogurt Apple Salad / Roll PBJ Fresh Broccoli, Baby Carrots, Coleslaw, Fruit Salad, Apricots,

Whole Fruit

28

# BBQ Pork Riblet Sandwich

Chicken Patty
Ham Chef Salad / Roll
PBJ
Corn, Garden Salad, Sugar Snap
Peas, Grapes, Apple, Mixed Fruit

29

# Chicken Nugget Bowl / Bowl

Turkey Melt Ham Chef Salad / Roll PBJ Steamed Peas, Baby Carrots, Peaches, Banana 30

## **Cheesy Penne Pasta**

Popcorn Chicken / Breadstick Ham Chef Salad / Roll PBJ Sweet Potato Tots, Cucumber,

Slices, Apple. Pears, Honeydew

31

## **Chicken Parmesan**

Hot Dog
Ham Chef Salad / Roll
PBJ
Baked Beans, Celery Sticks,
Cucumber & Tomato Salad, Oranges
Applesauce, Blueberries

1

## Cheese Pizza

Cheeseburger
Ham Chef Salad / Roll
PBJ
Steamed Broccoli, Cucumber
Slices, Fruit Salad, Mandarin
Oranges, Whole Fruit



# Menu Subject To Change

#### Drink Milk

Skim, 1%, or Chocolate Skim milk are offered daily.

