

HM Lunch September 2019

No School

Fish Sticks w/ **Breadstick**

Hot Dog, Popcorn Chicken / Breadstick Fruit & Cheese Salad w/ Muffin Green Beans, Red Pepper

Strips, Coleslaw, Banana, Peaches, Cantaloupe

Breadstick

Pepperoni Pizza

Egg Chef Salad / Roll

Breadstick

Chicken Pot Pie Mini Corn Dogs

Cheeseburger Fruit & Cheese Salad w/ Muffin Sausage Pizza

Bacon & Cheese Melt.

Steamed Cauliflower, Tomato Wedges, Apple, Pears, Strawberries

Beef Nacho Scoops

Chicken Patty, Fish Sandwich Fruit & Cheese Salad w/ Muffin Pepperoni Pizza Cucumber & Tomato Salad, Baby Carrots, Baked Beans, Fruit Salad, Mandarin Oranges. Whole Fruit

Oven Roasted Chicken Drumstick / Roll

Spicy Chicken Patty, Hamburger Egg Chef Salad / Roll Cheese Pizza Mashed Potatoes, Fresh Broccoli,

Cucumber & Tomato Salad, Mixed Fruit, Apple, Kiwi

Green Beans, Red Pepper Strips, Coleslaw, Peaches, Oranges

Pasta & Meat Sauce /

Hot Dog, Popcorn Chicken /

Chicken Alfredo / **Breadstick**

Turkey Melt, Cheeseburger Egg Chef Salad / Roll Sausage Pizza Steamed Carrots, Cucumber Slices, Potato Salad, Banana, Pears, Cinnamon Apples

12

Turkey Haystack / Roll

Meatball Sub, Chicken Nuggets /

Fruit & Cheese Salad w/ Muffin

Mixed Veggies, Celery Sticks,

Potato Salad, Oranges,

Applesauce, Blueberries

Breadstick

Cheese Pizza

Meatball Sub, Chicken Nuggets / Breadstick Egg Chef Salad / Roll Cheese Pizza Baked Beans, Celery Sticks,

Cantaloupe, Blueberries, Applesauce

13

Beef Nacho Scoops

Fish Sandwich, Chicken Patty Egg Chef Salad / Roll Pepperoni Pizza Steamed Broccoli, Baby Carrots, Fruit Salad, Mandarin Oranges, Whole Fruit

Meatloaf & Gravy /

Hamburger, Chicken Ranch BLT Chicken Chef Salad / Roll Cheese Pizza

Peas, Grape Tomatoes, Mixed

Fruit, Watermelon, Apple

Popcorn Chicken Bowl / Roll

Hot Dog, Popcorn Chicken /

Breadstick Chicken Chef Salad / Roll Pepperoni Pizza Green Beans, Cauliflower, Cucumber Slices, Peaches, Oranges

Mini Corn Dogs

Chicken Nuggets / Breadstick, Cheeseburger Chicken Chef Salad / Roll Meatlovers Pizza Cinnamon Sweet Potatoes, Celery Sticks, Pears, Banana, Strawberries

Sloppy Joe

Pork Riblet, Grilled Cheese Chicken Chef Salad / Roll Cheese Pizza Campfire Beans, Baby Carrots, Blueberries, Applesauce, Honeydew

Cool Ranch Walking Taco w/ Breadstick

Fish Sandwich, Chicken Patty Chicken Chef Salad / Roll Pepperoni Pizza Corn, Fresh Broccoli, Red Pepper Strips, Fruit Salad, Mandarin Oranges, Whole Fruit

Pizza Dippers w/ Sauce

Spicy Chicken Patty, Hamburger Yogurt Apple Salad / Roll Cheese Pizza Potato Wedges, Tomato Wedges, Grapes, Mixed Fruit, Cantaloupe

24

Soft Tacos

Hot Dog, Popcorn Chicken / Breadstick Yogurt Apple Salad / Roll Pepperoni Pizza Green Beans, Red Pepper Strips, Potato Salad, Banana, Peaches, Kiwi

25

Spaghetti & Meat Sauce / Breadstick

Bacon & Cheese Melt.

Cheeseburger Yogurt Apple Salad / Roll Sausage Pizza Cinnamon Sweet Potatoes, Cucumber Slices, Apple, Pears, Honeydew

26

Crispito

Meatball Sub, Chicken Nuggets / Breadstick Yogurt Apple Salad / Roll Cheese Pizza Baked Beans, Celery Sticks, Cucumber & Tomato Salad, Cinnamon Apples, Oranges, Applesauce

27

No School

30

BBQ Pork Riblet Sandwich

Hamburger, Chicken Ranch BLT Ham Chef Salad / Roll Cheese Pizza Corn, Garden Salad, Sugar Snap

Peas, Grapes, Apple, Fruit Mix

Chicken Nugget Bowl / Bread

Hot Dog. Popcorn Chicken / Breadstick Ham Chef Salad / Roll Pepperoni Pizza Steamed Peas, Baby Carrots, Peaches, Banana

Cheesy Penne Pasta

Turkey Melt, Cheeseburger Ham Chef Salad / Roll Meatlovers Pizza Sweet Potato Tots. Cucumbers, Apple, Pears, Honevdew

Chicken Parmesan

Meatball Sub, Chicken Nuggets / Breadstick Ham Chef Salad / Roll

Cheese Pizza Baked Beans, Celery Sticks, Cucumber & Tomato Salad, Oranges, Applesauce, Blueberries

Cool Ranch Walking Taco w/ Breadstick

Fish Sandwich, Chicken Patty Ham Chef Salad / Roll Pepperoni Pizza Steamed Broccoli, Tomato Wedges, Fruit Salad, Mandarin Oranges, Whole Fruit

Offered Daily for the Week of:

September 3rd: Spicy Pepperoni Calzone, Chicken Ranch Wrap,

Sweet Potato Tots

September 9th: Backyard Burger, Ham & Cheese Wrap, Tater Tots September 16th: Cheese-Fry Chicken Sub, Bologna & Cheese Wrap,

September 23rd: Meat Lover's Calzone, Bologna & Cheese Wrap, Potato Wedges

September 30th: Triple Dippers, Ham & Cheese Wrap, Tater Tots

Menu Subject To Change

Drink Milk

Skim, 1%, or Chocolate Skim milk are offered daily.

