
ORIOLE NATION HEALS



Mental Health Navigator
Carrie Nitz

updated 02/09/21

What is Oriole Nation Heals?

Oriole Nation Heals was developed during the 2019-2020 school year from a grant received by the Department of Public Instruction to improve school-based mental health services. Oriole Nation Heals offers on-site mental therapy by licensed mental health therapists who specialize in working with children and adolescents. The therapists are able to provide mental health therapy similar to what a client would receive at the clinic, onsite in the school.

**WHY
ORIOLE
NATION
HEALS?**

**2020 Alcohol, Tobacco and Other Drug and
Health Experiences and Attitudes Survey**

- 42% of students felt sad or hopeless almost every day for 2 weeks in a row
 - 30% of students felt sad, blue or depressed always or nearly always
 - 24% of students did something to purposely harm themselves
 - 27% of students considered suicide
 - 9% attempted suicide
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GOALS OF ORIOLE NATION HEALS

- *Promote the health and wellness of students*
- *Offer a continuum of care to students*
- *Partner with community based agencies to provide mental health services within the school setting*

REFERRAL PROCESS

Parent/guardian
is interested in
their child
starting mental
health therapy.

OR

School
personnel
identifies a
child that could
benefit from
mental health
therapy

A referral form is completed by referrant
(click on link to access forms in designated circles)

Parent/Guardian
Referral Form

OR

School Staff
Referral Form

This referral is submitted to and received by the Mental Health Navigator

- *Early Learning Center Students, Friendship Learning Center Students and Bessie Allen Students*-A phone call is made by the Mental Health Navigator to the student's parent/guardian to discuss school base services.
 - *Horace Mann High School Students*-The Mental Health Navigator meets with the student to discuss school based services. A phone call is then made to the student's parent/guardian to explain school based services further.
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Upon parent/guardian agreeing to and giving consent for a provider is chosen based on insurance from the three providers North Fond du Lac School District has developed a partnership with

Community Partners

- ❖ Doll & Associates -40 Camelot Drive Fond du Lac, WI 54935
 - Danyel Sims-Provides a wide range of therapy for clients from children to adults. Her specialties include addressing issues related to mood, anxiety, trauma, self-esteem, AODA and dual diagnosis. Danyel is knowledgeable in a variety of treatment modalities including Trauma Focused Cognitive Behavioral Therapy, Motivational Interviewing, and Strength Based Approach.
 - Keziah Love-Works with youth and families, focusing on trauma and crisis situations, especially in the areas of sexual violence, domestic violence, sex trafficking, sexual exploitation, and suicidal thoughts. Keziah takes cognitive behavioral approaches through play therapy, school-based therapy and Trauma-Focused Cognitive Behavioral Therapy to help clients who struggle with low self-esteem, depression, anxiety and relationship dynamics.
 - Dr. Ed Jedlicka-Specializes in Biofeedback and EEG Biofeedback (Neurofeedback) as a focal point of his practice. Dr. Jedlicka finds this treatment effective for ADD/ADHD, PTSD, traumatic brain injuries, learning disorders, Asperger's, trauma, mood disorders, anxiety and depression. Dr. Jedlicka works with children and adolescents to overcome issues involving attention, concentration and impulse control.
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Community Partners

- ❖ Rawhide Youth Services-W3950 WI-23 Tk Fond du Lac, WI 54937
 - Gabrielle Boehrig-Works with youth focusing on cognitive behavioral approaches with an emphasis on family and system dynamics through CHAPS Equine-Assisted Therapy, school-based therapy, Trauma Focused-Cognitive Behavioral Therapy and AODA.
 - Jeff Steffen-Works with a variety of people including young children on the autism spectrum, adolescents trying to find their place in the world, and older people and their families going through end of life issues. Jeff likes to use a variety of techniques including equine, narrative, cognitive behavioral and trauma informed approaches.
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Community Partners

- ❖ Delta Center/Sherman Counseling-196 3rd St Fond du Lac, WI 54935
 - Leah Koenigs-Leah is a Licensed Professional Counselor with specialized training in Experiential Play Therapy who provides therapy to children as young as 3 years old, adolescents, and adults. Leah provides skilled, yet approachable treatment for a variety of concerns including anxiety, depression, trauma, grief and loss, behavioral concerns, and self-esteem.



Provider Referral Packet

- ❖ Once a provider is chosen, that providers referral packet is completed in one of two ways
 - The parent/guardian meets with the Mental Health Navigator to complete the referral packet. The completed packet is forwarded on to the provider by the Mental Health Navigator
 - OR**
 - The Mental Health Navigator fills out as much information as possible and the packet is sent home with the student for completion by the parent/guardian. Upon completion the packet is returned to the Mental Health Navigator who forwards it on to the provider.
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Appointment Scheduling

- ❖ The parent/guardian will be contact by telephone to schedule an intake appointment for their student. The parent/guardian is required to attend this intake appointment. Intake appointments occur at the school in designated therapy offices. You may choose to have the intake appointment at the provider location.
 - ❖ All follow up appointments will be scheduled with the therapist and student. Parents/guardians do not need to be present. These appointments will take place while your student is present in school.
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How will my student be excused from class?

- ❖ *Early Learning Center Students & Friendship Learning Center Students* -The student's teacher and office staff will be notified of the appointment time. The student will be sent to the office where the therapist will meet the student to take the student to the counseling office.
- ❖ *Bessie Allen Middle School Students & Horace Mann High School Students*-Students will be given an appointment pass by office staff excusing the student from class. The student will show their teacher the pass and will then be able to attend their appointment. The student will return to class or their next class when their appointment is done.

Sharing of Information or Strategies

- Information between the therapist and student is confidential
- If the therapist has strategies to share, and consent has been obtained by the parent, they will reach out to the appropriate school staff (counselor or teacher)
- Teachers and/or school staff who wish to share information regarding a student which may be beneficial for the therapist to know may do so via email, telephone or in person.

How are the therapy services paid for?

- The therapist provider bill's the student's insurance
 - Co-pays and/or other billing fees not covered by insurance are paid for by the student's family (sliding fee scales are offered by some of the providers)
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Oriole Nation Heals-
*Providing our students with
the emotional and mental
health services needed to
maximize their academic
experiences*

- 61 students were connected to school-based therapy in the 2019-2020 school year through Oriole Nation Heals
 - 2020-2021 an additional provider was added to school-based therapy giving more options for insurance coverage to our students
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CONTACT INFORMATION

Mental Health Navigator-
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[Oriole Nation Heals Website](#)