



NFDL Youth Basketball – Summer open gym schedule

When: Starting June 13th thru July 29th

Where: FLC Gym

- **Boys:** Tuesday & Thursday from 4 to 5pm
- **Girls:** Mondays, Wednesdays, & Thursday from 3-4pm

****Open Gym is for incoming 3rd – 8th Grade players****

Open gyms will consist of drill work & scrimmage time with an emphasis on fundamentals for the younger players, and competitive scrimmaging for the older players.

Emergency contact forms will be available in the gym so please fill out when dropping off players.

The gym will open **15** minutes prior to the open gym time & please have players bring a water bottle.

Any questions please contact Matt Logan or Bryanna Duel

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